

Study Guide

The Power of the Mind

For as one thinks within the heart, so they are.
Proverbs 23:7 (Paraphrase)

Introduction: Psychocybernetics , Maxwell Maltz, 1960
Cognitive Therapy of Depression, Aaron Beck

- I. Scripture Basis
 - A. Joshua 1:8—This Book of the Law
 - B. Psalm 119:105—Your Word is a Lamp
 - C. Psalm 119:11—Your Word Have I Hid in My Heart
 - D. Matthew 15:19-20—Out of the Heart of Individuals Comes . . .
 - E. Philippians 4:8—Whatever Things Are True
- II. Your Word is Truth, And Every One of Your Righteous Ordinances is Everlasting (Ps 119:160)
 - A. Replacing the tapes of the mind
 - B. The father of lies and a liar from the beginning (John 8:44)
 - C. Jesus sets the example: It is written . . .
 - D. What truths do you need to memorize in order to battle the lies of your mind?