

# Key Notes from Ephesians 4&5

Alliance Bible Church of McHenry

Verses 4:17-5:21

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## **INTRO: Believers vs Unbelievers in Lifestyle**

So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness. But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth. (Eph 4:17-24 NAU)

- I. (v25) Practice honesty & integrity
- II. (vv26-27) Cultivate a righteous anger that never cools off with respect to sin
- III. (v28) Work at what is good so that you will have what you need and something left over to share
- IV. (v29) Guard your speech
  - A. Let no unwholesome word come from your mouth
  - B. Only words that are good for edification
- V. (vv 30-32) Do not grieve the Holy Spirit
  - A. Let bitterness, wrath, anger, clamor, and slander be put away from you
  - B. Be kind to one another, tenderhearted, forgiving one another as Christ has forgiven you

## **CONC: Therefore be imitators of God, as beloved children;**

and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma. But immorality or any impurity or greed must not even be named among you, as is proper among saints; and there must be no filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks. For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an inheritance in the kingdom of Christ and God. Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience. Therefore do not be partakers with them; for you were formerly darkness, but now you are Light in the Lord; walk as children of Light (for the fruit of the Light consists in all goodness and righteousness and truth), trying to learn what is pleasing to the Lord. Do not participate in the unfruitful deeds of darkness, but instead even expose them; for it is disgraceful even to speak of the things which are done by them in secret. But all things become visible when they are exposed by the light, for everything that becomes visible is light.

For this reason it says, "Awake, sleeper, And arise from the dead, And Christ will shine on you." Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. So then do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; and be subject to one another in the fear of Christ. (Eph 5:1-21 NAU)